

PROFESSIONAL COUNSELING REFERRALS

The following is a list of recommended counselors in the community. Questions regarding fees and insurance need to be directed to the individual counseling offices.

God bless you!

Almendariz, Sarah, LPC-S
Bilingual, Children, Family, Teens, Trauma
11707 Orsinger Lane, 78230
<http://www.sarahalmendarizcounseling.com>
210-625-7949

Bradley, Rolla, PhD, LPC Grief,
Marriage, Men, Teens
9352 Osage Circle Garden Ridge, 78226
www.drrolla.com
210-859-7854

Fuller, Clifton, LCSW, LPC, LMFT
Addictions, Family, Marriage, PTSD, Sexual
Addiction
15303 Huebner Rd, Ste. 10, 78248
www.cliftonfuller.com
210-404-9001

Andrews Harrison, Janet, LPC-S, LMFT-S
Family, Military, Relationships, Teens, Women
18834 Stone Oak Pkwy, Ste. 104, 78258
www.Stoneoakcounseling.com
210-863-2304

Cervantes, Stephen L, PA, LPC, LMFT
Abuse, Couples, Grief, Sexual Integrity, Trauma
1162 E. Sonterra Blvd, Ste. 130, 78258
www.hopecounseling.com
210-490-9062

Gray, Ginger, LCSW
Abuse, Depression, Divorce, Recovery, Women
19115 FM2252, Ste.12, 78266
www.abidinghopec.com
210-302-8576

Arredondo, Elizabeth, LPC-S
Bilingual, Children, Couples, Mental Health,
Teens
10615 Perrin Beitel, Ste. 802, 78217
business@RaphaSA.com
210-757-3150

Coleman, Brittany, LPC
Children, Divorce, Life Changes,
Parenting, Relationships
19115 FM 2252, Ste. 12, 78266
www.brittanycolemanlpc.com
210-845-7949

Inman, Celeste, LPC-S, RPT-S
Abuse, Children, Parenting,
Play Therapy, Trauma
14802 Jones Maltsberger Rd. # 101, 78247
www.thevinewellness.com
210-602-2203

Barnes, Wendy, LPC
Anxiety, Depression, Marriage, PTSD, Teens
18838 Stone Oak Pkwy, Ste. 103, 78258
www.renewingforlife.com
210-475-1303

Coulter, Charles, LPC
Family, Marriage, Relationships,
Sexual Addictions, Teens
18834 Stone Oak Pkwy, Ste. 104, 78258
www.thebestmarriage.com
210-849-7264

Jankowski, Kyle, LMFT
Children, Family, Marriage, Sexual Addiction,
Teens
500 N Loop 1604 E Ste. 220, 78232
www.kylefamilytherapy.com
830-708-4919

Beach, John, PhD
Children, Family, Military, Relationships, Teens
2631 Bulverde Rd, Ste. 108, 78163
www.drjohnbeach.com
210-496-7373

Daniel, Stacia, PhD
Anxiety, Grief, Life Changes, Mental Health,
Military
18838 Stone Oak Pkwy, Ste. 103, 78258
www.staciadaniel.com
210-402-6569

Jones, Mark S, DMin, LPC, LMFT, BCN, QEEGD
Family, Individual, Marriage, Neurofeedback
16607 Blanco Rd, Suite 904 Bldg. 9, 78232
www.sanantoniocounseling.net
210-260-9949

Bendele, Sarah, LPC-S
Abuse, Depression, Family, Relationships,
Women
14526 Jones Maltsberger #209, 78247
www.sarahbendelelpc.com
210-404-9994

Easley, Rebecca, LPC
Anger, Career, Depression, Grief, Life Coaching
2631 Bulverde Rd, Ste. 108, 78163
www.esteemwellness.com
210-496-7373

King, Pamela Davis, LMFT, LPC
Anxiety, Depression, Emotionally Focused,
Grief, Marriage
1015 Central Pkwy North Suite 145, 78232
www.pkingtherapy.com
210-885-5009

Benedict, Gene, LPC-S
Anger, Domestic Violence, Marriage,
Pre-marital, Relationships
1314 E. Sonterra Blvd. Ste. 103, 78258
www.genebenedict.com
210-316-5618

Ecke, Stephanie, LPC
Addictions, Codependency, Couples, Life
Transitions, Relationships
16607 Blanco Rd. "The Park" Building 15
Suite 1504, 78232
www.thetraumaqueen.com
210-287-4002

Lambiase, Sherri, LPC-S
Anger, Anxiety, Depression, Infertility, Sexual
Addiction
540 Madison Oak, Suite 340, 78258
www.northsidefamilycc.com
northsidefcc@gmail.com
210-789-7683 ext. 1

Lim, Mee-Gaik, PhD, LPC, LMFT
Adults, Children, Couples, Families, Teens
542 Comal Ave. New Braunfels, 78130
www.texasprofessionalcounseling.com
830-629-2300 ext. 701

Postell, Mark, LPC
Emotionally Focused, Family, Marriage,
Premarital, Teens
18834 Stone Oak Pkwy Suite 104 - 78258
www.thecounselingpost.com
210-710-7999

Salazar, Sandra, LPC
Anxiety, Autism, Bipolar, Depression, Family
1162 E. Sonterra Blvd, Ste. 130, 78258
www.foreverhopecounseling.com
210-490-9062

Lowman, Daren D., LMFT, CSAT
Anxiety, Depression, Marriage, SexAddiction,
Teens
26254 Interstate 10W, Suite 240, 78006
www.boernecounselingcenter.com
210-593-8141

Preston, Lee, LPC
Same Sex Attraction, Sexual Abuse, Sexual
Addiction, Trauma
175 Quarter Horse Ln, Fischer, TX 78623
www.shadowofhiswingsministry.com
210-887-9007

Sanchez Ramos, Jenel, PsyD
Anxiety, Bilingual, Multicultural, Parenting,
Relationships
21518 Blanco Rd, Ste. 105, Room #7
www.jenelramos.com
210-660-8520

McIntyre, Lea, LPC NCC
Children, Family, Relationships, Teens, Women
7410 Blanco Road, Suite 410, 78216
210-723-6536

Roper, David, LPC
ADHD, Adults, Depression, Relationship, Teens
14607 San Pedro, Ste. 295, 78232
www.davidroper.net
210-215-7945

Schroeder, Dale, LMFT, LPC, LCDC
Addictions, Anxiety, Bipolar, Family, Marriage
15303 Huebner Rd, Ste. 10, 78248
www.schroederfamilycounseling.com
210-834-2200

O'Connell, Mina, LMFT, PLLC
Couples, Eating Disorders, Family,
Play Therapy, Teens
4230 Gardendale Building 601, 78229
m.oconnell@outlook.com
210-995-8968

Russell, Christina L., LPC, NCC
Anxiety, Couples, Depression, LifeChanges,
Premarital
18838 Stone Oak Pkwy, Ste. 103, 78258
www.counselingcenterforlivingwell.com
210-490-9106

Surley, Rick, CMFT
Children, Family, Marriage, Parenting, Teens
17806 IH 10 West, Ste. 300, 78257
www.newbeginningschristiancounseling.com
210-854-9819

For life threatening emergencies, dial 9-1-1 IMMEDIATELY!

CHRISTIAN COUNSELING – REDUCED FEE

Abiding Hope Institute for Christian Counseling
19115 FM 2252, Ste 12 Garden Ridge, 78266
Calls are returned in 48 hours
www.abidinghopeinstitute.org
210-236-7768

Ecumenical Center
Adults, Children, Teens
8310 Ewing Halsell, 78229
www.ecrh.org
210-616-0885

Oak Hills Church Adults,
Children, Teens
19595 IH 10 West, 78257
www.oakhillschurch.com
210-698-4620

Anchors of Life
Abuse, Children, EMDR, Grief, Marriage, Play
Therapy, Teens, Trauma
424 FM 78 Cibolo, 78108
info@anchorsoflife.org
210-859-5446

Forever Hope Counseling
Anxiety, Autism Spectrum, Bipolar, Depression,
Family, Marriage
1162 E. Sonterra Ste 130, 78258
4900 Broadway Ste 400, 78209
www.foreverhopecounseling.com
m
210-490-9062

Postell, Mark, LPC
Emotionally Focused, Family, Marriage,
Premarital, Teens
18834 Stone Oak Pkwy Suite 104 - 78258
www.thecounselingpost.com
210-710-7999

COMMUNITY COUNSELING—REDUCED FEE

Catholic Counseling Services
Adults, Bilingual, Children, Family, Teens
231 W. Commerce, 78205
www.ccaosa.org
210-377-1133

Clarity Child Guidance Center—Non-Profit
Outpatient Mental Health Treatment for
Children, Families, Teens
8535 Tom Slick, San Antonio, 78229
www.claritycgc.org
210-616-0300

Community Counseling Services at OLLU
Bilingual, Children, Family, Relationships
590 N. General McMullin, 78228
www.ollusa.edu
210-434-1054

FamilyLife Center at St. Mary's University
Adults, Family, Marriage, Relationships
251 W. Ligustrum Drive, 78228
www.stmarytx.edu/outreach/counseling/
210-438-6411

Guardian House
Couples, Families, Individuals, Relationships
1818 San Pedro Ave., 78212
www.guardianhouse.org
210-733-3349

Jewish Family Service
Children, Adults, Relationships, Anger
12500 NW Military Hwy, #250, 78231
www.jfs-sa.org/mental-health-services
210-302-6920
Psychiatry available

St. PJ's Counseling Center at St. Peter-
St. Joseph Children's Home
Children, Families, Relationships
919 Mission Road, 78210
www.stpjhome.org
210-533-1203

STAR Program
Baptist Family and Children Services offers
free case management and counseling to
at-risk kids ages 0-17
www.bcfs.net
www.discoverbcfs.net/sta
f
210-283-5183

Family Service Association
Variety of programs from counseling to
education/prevention programs
702 San Pedro, 78212
<https://family-service.org/>
210-299-2400

SPANISH COUNSELING – REDUCED FEE

Catholic Counseling Services
Adults, Bilingual, Children, Family, Teens
231 W. Commerce, 78205
<https://ccaosa.org>
210-377-1133

Community Counseling Services at OLLU
Bilingual, Children, Family, Relationships 590
N. General McMullin, 78228
www.ollusa.edu
210-434-1054

COMMUNITY COUNSELING – NO COST

Children's Bereavement Center – South Texas
Ages 5 - 18
205 W Olmos Dr., 78212
www.cbcst.org
210-736-4847

UTSA Sarabia Family Counseling Center
All Ages
501 West Cesar Chavez Blvd., 78207
www.education.utsa.edu/community-family-life-center/
210-458-2055

Any Woman Can
Faith based counseling for women ages 13 and
over
109 Gallery Circle, Ste. 115, 78258
<https://family-service.org>
210-370-3939

CHRISTIAN PSYCHIATRISTS

Benzick, Jeffrey, MD, PA
14800 San Pedro Ave. Ste. 110, 78232
www.prescribingwithcare.com
210-490-9850

Williams, Ted, MD
7122 Stonewall Hill, 78256
www.genesispsychiatric.com
210-404-9696

MENTAL HEALTH URGENT CARE

Center for Health Care Services – 24/7 Crisis,
Screening, Evaluation and Crisis Intervention
601 N. Frio Street, Bldg. 1, 78207
www.chcsbc.org
210-223-7233 Crisis Line
800-316-9241

Laurel Ridge Hospital
24-hour Assessment for Mental Health Crisis
Children and Adults
17720 Corporate Woods
San Antonio, TX 78259
www.laurelridgetc.com
210-491-9400

Sigma Mental Health Urgent Care
18587 Sigma Rd., Ste.
260 San Antonio, TX 78258
www.sigmahuc.com
210-314-4564

Clarity Child Guidance Center – Non-Profit
Outpatient Mental Health Treatment for
Children and Teens
www.claritycgc.org
210-616-0300

San Antonio Behavioral Healthcare Hospital
Mental Health Service in San Antonio, Texas
Most Insurance
Open 24 hours
8550 Huebner Rd, 78240
www.sanantoniobehavioral.com
210-541-5300

ONLINE COUNSELING

Andrews Harrison, Janet, LPC-S, LMFT-S
Family, Military, Relationships, Teens, Women
18834 Stone Oak Pkwy, Ste. 104, 78258
www.counselorchat.com
210-863-2304

Coulter, Charles, LPC
Family, Marriage, Relationships, Sexual
Addictions, Teens
18834 Stone Oak Pkwy, Ste. 104, 78258
www.counselorchat.com
210-849-7264

BetterHelp.com

SKYPE

Preston, Lee, LPC
Same Sex Attraction, Sexual Abuse, Sexual
Addiction, Trauma
175 Quarter Horse Ln, Fischer, TX 78623
www.shadowofhiswingsministry.com
210-887-9007

Sanchez Ramos, Jenel, PsyD
Anxiety, Bilingual, Multicultural, Parenting,
Relationships
21518 Blanco Rd, Ste. 105, Room #7
www.jenelramos.com
210-660-8520

**RISE CHURCH PROVIDES THE ABOVE SUPPORT SERVICES INFORMATION FOR REFERRAL ONLY.
THIS LIST IS NOT MEANT TO IMPLY AN ENDORSEMENT BY RISE CHURCH.**

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org/>

1800-273-TALK (8255)