

***I Just Can't* Week 3** **How to PRAY When You Can't**

TALK IT OVER

Key Scriptures

Luke 5:1-11
Proverbs 3:5-6
Psalm 20:7

Key Ideas

2 Ways to Pray When You Just Can't

- 1) Lord, help me to obey you even when I don't understand.
- 2) Lord, help me surrender what I cannot control.

Start talking. Find a conversation starter for your group.

- Do you have a fear of things in the ocean? Why or why not?

Start thinking. Ask questions to get your group thinking.

- What are some things that God asks us to do that seem irrational to you?

Start sharing. Ask questions to get your group talking.

- Do you feel like you have to understand completely before you obey? Why or why not?
- What do you think is at the root of our desire to hold on to our way and God's way at the same time?
- Do you struggle with control issues? What do you think is at the root of feeling like we have to be in control of our circumstances?
- Do you naturally relate surrender with strength or weakness? How is it a show of strength to surrender to God? Does this come naturally for you? Who or why not?

Start praying. Be bold and pray with power.

- *Father God, help us to always remember to obey and surrender to you. In Jesus' Name, we pray, AMEN.*

Start doing. Commit to a step and live it out this week.

- What's one step you can take this week to live out the message in your life?